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Kiwanis NEWS

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Capital District Kiwanis – Southwest Virginia Region – Division 15

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Leading the Way



This week's program: Mental Health as an Economic Driver, presented by **Sharon Jarrett Thacker, CEO, Family Service of the Roanoke Valley.**

You know what it's like to need a mental health day. You know what it's like when a friend or colleagues as a tough time and falls off their game. You may not know what it's like to struggle every day. Struggle to go to work or take care of your children or get the grocery shopping done because you don't feel emotionally capable. This directly impacts our workforce and economy. Our speaker, will help us understand why investing in mental healthcare is an investment in the overall economy.

Thacker has spent her professional career helping individuals, families, and organizations identify and strengthen skills. She joined the Family Service in 2012, returning to her hometown of Roanoke. Family Service is an excellent resource in the community to not only provide needed mental health counseling and support services, but also act as a training ground for counselors, and social workers.

Next Meeting – May 17

Opening Bell – President Andy Stone

Welcome Table – David Perry

Invocation – Wendy Mellenthin

Song Leader – Chris Head

Pledge of Allegiance – Bob Thomas

Introduction of Guests – David Perry



**Rupe Cutler and Dick Clark (Judy Clark)
Serving up Pancakes with a Smile!**

Important Kiwanis Dates . . .

May 18, 2017 – Martinsville InterClub

May 24, 2017 – Academic Scholarships

June 5, 2017 – Kiwanis Board Mtg @ 1215 @
Tanglewood Holiday Inn

July 19, 2017 – Kiwanis InterClub

Brag Bucks: \$1,834 raised so far this year; our goal is to beat last year's brag bucks total of \$2,443.

Up-Coming Programs

- ✓ **May 24** – Academic Scholarship Awards – Kiwanis Committee
- ✓ **May 31** – Skin Cancer Prevention – Vicki Lionberger
- ✓ **June 7** – Roanoke Valley Local Governments: Accomplishments and Plans Roanoke County – Tom Gates
- ✓ **June 14** - Roanoke Valley Local Governments: Accomplishments and Plans Salem – Kevin Boggess

Welcome! Donna Spangler, Dancing Duo (Dave Spangler); **Afira DeVries**, United Way (Jason DeVries); **Sarah Largen** and **Lindsey Sink**, Member One (Clark Goodman); **Shana Good**, Spectrum Sports Academy (Jamie Bailey); **Frank Smith**, Roanoke Valley Broadband Authority (Mike McEvoy); **Mary Clair Byrd** (Guy Byrd); **Sherrie Sirdofsky**, Children’s Miracle Network (Dan Karnes), and **Linda Perry** (Dave Spangler).

KPAD Update: KPAD is this Saturday! It’s not too late to turn in ticket money or donate items for the auction. And please be sure to sign up to volunteer on Saturday – it’s going to be a great day. **We are now at \$31,055** as of last week’s turn-in! **By now we’ve had the event and are looking forward to hearing about the ticket sales on Saturday. Don’t forget, there are still two more weeks to turn in money from tickets!** Team stats from last week: **K-Hogs** (\$6,275), **Cannonball Runners** (\$5,705), **Pedal to the Metal** (\$5,040), **Triple Crown** (\$4,605), **Soapbox Derby** (\$3,985), and the **40-Yard Dashers** (\$3,505). **The winning team will get a private box at the Salem Red Sox!**

